SCHOOL FOR HOUSEWIVES.

BY MARION HARLAND.

HOUSEWIVE'S EXCHANGE.

Domestic cussed from Practical Standpoint.

A practicing physician of note, despite the modest signature affixed by himself to his interesting communication, sends replies to four correspondents, and gives valuable information to the constituency at large.

I. In a recent edition of your newspaper I notice a contribution from "M. A. R.," wherein the use of "staphisaigre" is recommended for "getting rid of parasites in the hair." And that the true name could not be found (in English). Permit me to say that the name in English is larkspur, delphinium consolidanatural order, ronunculaceae. There is another member of the same family, "staphisagria," or stavesacre—the seeds of delphinium staphisagria, which possess the same properties.

sess the same properties.

In "Merck's Index" is mentioned an alkaloid "delphinine," from various species of delphinium (stavesacre)—an amorphous bitter powder, soluble in water, alcohol, ether and chloroform. Antineuralgic, antispasmodic, like aconitine. Uses, facial neuralgia, chronic rheumatism, convulsions, palpitations of heart, pediculosis (parasites), etc. Caution; poisonous. Antidotes, emetics, stomach siphon, stimulants.

Another alkaloid, "staphisagrine," fro mdelphinium staphisagria, is also

Another alkaloid, "staphisagrine," fro mdelphinium staphisagria, is also mentioned, which possesses analagous properties with the one above mentioned. The only object in writing this is to warn those who may have occasion to use this drug, even externally, to exercise due care that no untoward effects result. The danger may be remote, still, forewarned is forearmed. The United States Dispensatory mentions delphinia as "highly poisonous, exerting its effects chiefly on the nervous system; introduced into the cellular tissue or the veins, it produces death by asphyxia, without apparent disturbance of the cerebral functions until the moment before death."

It is successfully used as a parasiticide, due care being taken that too large a quantity is not applied at a time, thus making possible absorption through the skin. The tincture is probably the best form for its employment, although an oilment might be prepared by powdering the seeds and mixing with lard. Three parts of seed to five parts of lard (the seeds being finely puiverized), and the mixture maintained at the temperature of 212 degrees for twenty-four hours.

2. Balsam of Peru has been used successfully, after thoroughly washing the

the mixture maintained at the temperature of 212 degrees for twenty-four hours.

2. Balsam of Peru has been used successfully, after thoroughly washing the hands, to remove the odor of iodoform, the most persistent known, and at the same time the most disagreeable known.

3. To clean a willow baby carriage, use a strong solution of oxalic acid in water. Nothing bleaches wood or willow, or straw, better than this. Apply with a brush, then rinse thoroughly with water, as this salt is very poisonous, and should be used with care. Especially keep it on the highest shelf, or, better still, throw the part not used away, as it is very cheap.

4. For goitre the enclosed is unsurpassed. It has brought the answer where tinct, iodine had dismally failed. The cure is hastened when inductiongalvanofaradism is used in conjunction.

OR. NOBODY.

(The prescription referred to is in my hands, and will be sent upon de-

mand to the querist whose request for information respecting goitre elic-

ited reply No. 4.-Editor.)

Will you please inform me through your column how to remove milk spots from a cloth skirt that, at the time, did not show, but since worn on the street are plainly seen?

A SUBSCRIBER.

The greasy element of milk and cream would seem to be peculiarly subtle, if one may judge from the persistency with which it reappears after it has been cleansed. The only safe way of getting rid of it is to sponge it out while still wet, before it has soaked into the cloth. It gathers unto itself dust and lint, and, as in your case, makes itself and accretions disagreeably manifest.

Sponge these same accretions well with alcohol and warm water. When dry, rub the defaced area, on the wrong side of the stuff, with French chalk; leave on all night; lay blotting paper over the chalk and press with

Will you kindly advise me through your valuable columns how to get rid of house fleas? Our house seems to be infested with this plague, and it is very annoying.

A SUBSCRIBER.

Pennyroyal in some form is what our foremothers would have called a "King Cure-all" for fleas. If they have found lodgment under your carpets and mattings, take these up and have the floors scrubbed with hot water, into which one teaspoonful of oil of pennyroyal has been stirred for every four gallons. Have the carpets beaten; lay them down and strew with salt. Sweep each twice, once against the grain, once with it, and relay. Now litter the carpets deep with pennyroyal. Leave it alone for twenty-four hours-longer, if you can-sweep up and burn. A "raid" of fleas attacked a whole city neighborhood several years ago. They arose in visible clouds before advancing footsteps, blackened walls and leaped against windows. In every case where the green pennyroyal was allowed to lie for some days on floors and furniture, it did its perfect work.

1. Kindly inform me how to clean a foulard (china blue) silk dress. I am about to have it renovated, and do not want the expense of a professional cleaner. It has an ugly spot which looks like grease.

2. Also, how to clean white "breasts," or wings. I have a very pretty pair I had on last season's hat, and would like very much to use them.

3. How to successfully clean ribbons. I have quite a lot of them, and have tried several ways of cleaning, with very poor results. DAILY READER. 1. Read what I have said to "A Subscriber."

2. Rub dry flour gently, but thoroughly, into them. Coat thickly and leave in a covered box all night. Next day, brush out the flour and smooth the feathers.

3. One notable economist lays her ribbons flat upon a long, clear board, and tacks each end down lightly to prevent slipping and wrinkling. Then she scrubs them, always lengthwise, with a "complexion brush" and cold water, turning them over to get at both sides. After wiping them with soft linen, she lets them dry in the wind, not in the sun, pinned down on the board.

Please furnish me with a remedy to prevent currant jelly becoming sour,
MRS. F. A. Z.

If properly made, "pound for pound," and covered as soon as it is cold with paraffine or with tissue paper, wet with brandy, then with a close lid, it should keep for years in a cool, dry, dark cellar or closet.

In forty years I have not had one glass of jelly ferment. Make it according to rule given last week.

Please tell me through the columns of your paper what would take stains out of a couple of walsts, caused by perspiring under the arms.
 Also, how you use a curling fluid. My hair is very long and thick, also straight.

A. B. C.

I am "sorry" that my replies must seem unsatisfactory. Perspiration contains oils and powerful salts, and is also acid. Together, they work ruin upon colored fabrics. Wash the stains with alcohol and water, and rub them dry. Touch them with household ammonia. It cannot make them worse, and may possibly bring back color partially if acid has taken it out. You should wear "shields."

2. All such matters lie out of my department. If you will send me stamped and addressed envelope, I can put you into communication with those who can tell you what you wish to know on this point.

THIS FARM IS DRESSED ALL IN WHITE

PROBABLY the most notable feminine hobby in the world is Lady Arlington's white farm, at Crichel. England. It is a source of great amusement and pleasure to her when, tired of the social world, she turns to nature for recreation. On this remarkable farm not an animal is allowed, unless it be purest white—white cows, white fowls, white farm horses drawing white earts, white dogs, cats

TYPES OF BEAUTIFUL AMERICAN WOMEN-No. 2



MRS. CLARENCE MACKAY

Recipes of Interest to Housewives.

HOW TO BOIL GREEN CORN. Strip off the outer husks, leaving the layer of thinnest husk, nearest the corn, upon the cob. Turn this down carefully not to loosen it at the stalk, and pick out all the silk, leaving not a strand upon the car. Turn back the thin husk, enveloping the cob, entirely, and bind lightly with a thread. Put the corn into a pot, cover with cold water; lay two thicknesses of husks upon the surface of the water; put on the lid and bring it to oil. Cook just five minutes after the boil begins; take up the corn, detach the husk; sprinkle the cobs with salt and serve upon a heated napkin laid in a hot dish, the ends of the napkin lightly folded over the

Corn cooked in this way is far sweeter than when prepared in the old fashion.

ENGLISH PEACH TART.

Pare, stone and quarter ripe peaches. Fill a deep pie plate with them, and strew thickly with sugar. Have some good puff paste and lay a rim of it upon the flat edge of the plate. Cover the peaches with a round of the pastry; cut a slit in the middle and pinch, or print, the edges fast to the pastry rim. Bake, cov-

ered, half an hour, then brown.

Eat warm, not hot. In helping it, cut and remove a triangle of the crust, invert it upon the plate, and heap the peaches on it. It will be found very nice.

RIPE GOOSEBERRY TART.

Line a pie plate with a good puff paste, and set on ice until you are ready to fill it with fine, fresh, ripe berries, which have been topped and tailed, then washed and drained. Allow a half-cupful of sugar to each pie, scattering it thickly among the berries. Lay a criss-cross pattern of pastry strips over the pie and bake. Eat cold.

Strips of uniform width, cut with a jagging iron, make the pie more comely to the eye.

CAULIFLOWER SALAD.

Boil a fine fresh cauliflower in hot, salted water until tender, let it get cold and set on the ice until Make a good mayonnaise dressing; cut the chilled cauliflower into small sprigs and arrange upon a bed of lettuce. Cover with the dressing and send to table with water-thin crackers and Gruyere cheese.

In the hobby in the world is Lady Arlington's white farm, at Crickel, England. It is a source of great amusement and pleasure to her when the social world, she turns to nature for recreation. On this relative for recreation, on this world is always superbly gowned, there is a source of great and pleasure for recreation. On this relative for recreation, on the world is always superbly gowned, there is a source of great and pleasure for recreation. On this relative for recreation, on the world is always superbly gowned, the consequence of the first state of the social world, she turns to nature for recreation. On this relative so the first state of the social world, she turns to nature for recreation, on the world is always superbly gowned. Her London house is one of the first state of the social world, she turns to nature for recreation. On this relative so the social fail their marks on the world is always superbly gowned. Her London house is one of the first state of the social world, she turns to nature for recreation. On this relative so the social fail their marks on the world is always superbly gowned. Her London house is one of the first state of the social world, she turns to nature for the part of the social world, she turns to nature for the social world, she t

Habits That THE PARENTS' CORNER. To Us in

Home to a

WE have a granddaughter 3½ years old, who will suck her thumbs. If we put a thumb-stall on one thumb, she takes the other. We have a granddaughter 3th years old, who will such her thumbs. If we put a thumb-stall on one thumb, she takes the other. If we put a stall on each thumb, she takes her fingers. We have tried painting thumbs and fingers with bitter preparations; she persistently works at them until they are clean enough to get them into her mouth. We are at the end of our wits in the matter, and appeal to you. Maybe some of your readers can GRANDPARENTS.

It is not long since I met upon Broadway, New York, a man six feet in height and of massive build. His hair was iron gray, he carried himself well, striking out finely in his stride. He was handsome, too, but none of these personal gifts made people who met him stare and then smile. In his right hand he carried a cane. He was sucking the thumb of his left. Once he jerked it out of his mouth to lift his hat to an acquaintance, and one could not but see that the thumb was abnormally elongated and enlarged.

A person who recognized him told me that he was in college with him thirty years ago.

"He sucked his thumb while he studied and while he recited, in chapel and upon the baseball ground," said the old-time classmate. "Bantering, argument and downright abuse could not break up the disgusting habit, He will keep it up as long as he lives, and when he lies in the coffin his best friends won't recognize him unless his thumb is in his mouth."

"Grandparents" may well be uneasy at the failure of all expedients to cure the obstinate little lassie of the objectionable trick. The case calls for heroic measures. Sew the offending hand up in a close bandage, such as would be applied were every bone broken, and make her wear it! Should she suck the left hand, sew that up also, into uselessness. Let not your soul spare for her crying when she finds herself helpless. Refuse positively to release her hands under twenty-four hours. Rip out the stitches then, upon promise of good behavior, and if the thumb go again into her mouth, put the bandage on again—and this without fail. Her terror of the obnoxious fetters will speedily overcome the disposition to suck her fingers.

The habit is unwholesome, as well as disgusting. It injures the sodden thumb; the child sucks in perspiration, takes air into her stomach and spoils the shape of her mouth. All the pains the heroic measure indicated will cost you are well bestowed if you succeed-and this you will do-in

As your kind readers seem able to give help on any and every subject, I want to enter the lists of the needy.

I live on a farm, about thirty-five miles out of the city, and, as my children are grown up and leaving home, it finds me very lonely, and I have been wondering whether anyone knows of a little girl who would like a good home. I want a nice, bright child, whom I could treat as my own, anywhere from 10 to 14. I could assure her a kind home and treatment.

X. Y. Z.

The address of "X. Y. Z." is in my hands. Here is an opportunity to secure a true home for some child who has been deprived of her natural protectors and abiding place. It is not a childless wife, ignorant of the cares and toils implied by parenthood who, in her loneliness, seeks to take another woman's child into arms that have never enclasped her own offspring. This mother knows it all. Her nestlings have flown and she is "lonely." That tells the whole story. She offers a country life (boon of price to a growing child!), kind treatment and a place in a true mother's heart. Would that other "lonely" mothers would do the same!

Will you kindly tell me what should be given to a child suffering from whooping cough? Doctors say that the disease must run its course, but certainly in this age of science there must be something to relieve the little ones.

The doctors are right as to the impossibility of curing the distressing malady within a given time. With the unerring certainty of the sun the cough will run its course. Mothers may make up their minds, with what resignation they can muster, to wakeful nights and anxious days for themselves and paroxysms of whooping cough and semi-strangulation for their little ones.

With all these things fresh in my mind by reason of the experience of a winter and spring made forever memorable by the whoops—singly, in duets and quartettes, of four afflicted infants-I yet offer "R. W. M." a precious palliative of the worst symptoms of the disease. Buy from your druggist a five-ounce phial of amber oil. (It is not a proprietary drug, so I write out the name in full.) It smells somewhat like varnish, with a pleasant suggestion of the resinous odor given out by warmed amber beads. After the little ones are bathed at night and ready for bed, lay bare the spine of each; put twenty drops of the oil into your palm and rub the backbone up and down for eight or ten minutes. Then rub the bronchial region and throat in like manner. A pleasant glow will be excited by the friction, but no smarting sensation. The specific effect of the oil is to soothe the nervous system and the inflamed breathing apparatus. If the nursery bed room smells of the rosin all night, bear in mind that the fumes are healing. Upon the nerves the influence is most salutary. The child soon falls asleep and often does not awake until daybreak. Repeat the rubbing before dressing the children in the morning.

I am thus minute in describing the treatment, because I have seen the beneficial effect in the first and in the second generation of my own nurse-

I may add that wet feet and sudden chills will renew the winter's cough

Did you ever know a case of summer hives? My boy-5 years old-suffered much with them last winter, and has broken out again with them this last week. What shall I do for them?

E. M. T.

Lubricate the lumps and surrounding inflamed regions with fresh castor oil. Put a drop upon the tip of your finger and work it gently into the itching and burning spots. The relief is speedy and complete. Keep up the treatment as long as the eruption continues, renewing it night and morning. The remedy is simple and harmless,

She Owns a Bible That Is Over 340 Years Old

ATE GALLCWAY-HOLCOMB is to go through with the work.

throughout the ensuing summer.

This Geneva version of the scriptures early part of the work. went through more than 130 editions, went through more than 130 editions, many of them printed in London, but copies of the first edition, printed by the English exiles in the Swiss city, are precious. The Missouri copy was brought to America from Dungannon, Ireland, by J. K. Leech, and its present owner knows of no other on this side of the Atlantic.

During the persecutions of Bloody

Eilis, Mo., Aug. 28. | beth come to the crown, being resolved the owner of a copy of the first are supposed to have been William edition of the Geneva Bible, often Whittingham, Anthony Gilby and called the Breeches Bible. It is a rare and valuable book, dating from 1560.

"This version got its name of the "Breeches" Bible from the following translation of Gen. iii, 7: "They sewed fig leaves together and made them-selves breeches." The division of the Bible story into

The division of the Bible story into paragraphs and the use of italics were features of the Geneva version. Its variations and annotations were especially prized by the Puritans. Its spelling, use of capitals and grammatical forms had many things which now appear quaint, and some of the words would not be recognized by the ordinary person today.